

Dear Members and Golfers,

Greetings from Team Kensville. The monsoon is here, bringing respite from the heat wave. It's time to pick up on the lost rounds.

Caddie tournament

Naugan Makwana won the host club category Caddie tournament.

Trying extraordinary feat is admirable but being able to turn the ordinary into something extraordinary is indeed more admirable!

Busy weekends with club golfers walking in and out of Ahmedabad's Kensville Golf and Country Club is a familiar sight but, Monday, the 20th of April 2015 saw something extraordinary!

49 caddies, who are normally seen picking up bags of club golfers and braving all kinds of weather conditions through the year, were welcomed formally into the club with steaming hot cups of tea and biscuits! Proudly carrying golf kits and bags, so generously lent to them by well wishers, these 'caddies turned golfers' basked in the warmth of the hospitality they received and excitedly stepped out to play Round-1 of the Caddie Golf League 2015. Being well aware of the challenges and obstacles of the golf course, they planned their strategies and swings well and played what is called-impressive golf! Their progress from hole to hole was also interspersed with cool water and fresh, rejuvenating fruits. All this attention and care surely made the players feel like real golfers. End of Round 1 saw the much awaited, delicious lunch spread for the participants in the main club area. During this time, compliments, praises and encouraging comments about their potential to be professional golfers freely floated around among the club golfers, coaches and experts present there. When the event ended with the announcement of winners and their cash awards, there was a feeling of deep happiness and fulfillment in both- the caddies who played and the passionate golfers who gave them this golden opportunity to play competitive golf.

Thus, what began as a maiden, unique, nonprofit initiative by golfers Brijesh Patel and Siddharth Naik, supported by Anush Iyer and Siddharth Laheri in 2014 has now progressed into an annual caddie benefit event. Besides offering the golf course for the caddie tournament round, we also impart free coaching to caddies and allow them to play a round on the course during their free time, in order to hone their skills. It is encouraging to see that, several generous, empathetic individuals are also supporting this extraordinary initiative in various ways like raising funds for the cash awards, organizing the food & beverage, taking charge of photography, providing coaching assistance and monetary assistance to the unsung heroes - the Caddies!!

"True contentment comes with empathy"

Tim Finn

Results of round 1 Caddie Golf League 2015 held at Kensville Golf & Country Club on 20th March 2015

NAVGHAN H MAKWANA (KG&CC) - Winner, Host Club Category, Scored +12 (16 break)

SURESH G PATEL (KG&CC) - Runners Up, Host Club Category, Scored +12 (16 break)

ARIJUN K ROOH (GG&CC) - Winner, Guest Club Category, Scored +6

SATISH K RATHVA (GG&CC) - Runners Up, Guest Club Category, Scored +7

ROHIT R DHURIA (KB&G) - Winner Of Straightest Drive @ 27'

ROHIT R PATEL (KB&G) - Winner Of Closest To Pin @ 18.4"



Participants - Caddie tournament



Naugan - Receiving the winner's cheque from Mr. Anish Shah.

Monthly Medal Round

Suresh Mankoti from Coast guard won the May Monthly Medal round played at Kensville Golf & Country Club today. He played an excellent and consistent golf, shooting a nett 66. He was closely followed by Sandeep Ambalia who scored a nett 69 to take the runner up spot. Pravit Parikh won the longest drive for a distance of 275 yards and Mohanish Shah hit the ball at 127' on par 3, the 11th hole to win the closest to pin. Dhruv Suri carded 82 to win the Best Gross prize.

- Best Gross - Dhruv Suri - 82
- Medal Winner - Suresh Mankoti (nett 66)
- Runner Up - Sandeep Ambalia (nett 69)
- Longest drive - Pravit Parikh - 275 yds
- Closest to pin - Mohanish Shah - 127"



Winners of Monthly medal round

Concept Homes at Kensville

A Fun Place away from home.



HCP Interior Architects Pvt. Ltd. recently completed a project in Kensville which redefines the nature of a weekend home by creating a design solution which narrows the distance between man and nature. HCPiA showcases a brilliant ability to combine innovation, functionality, affordability and most of all fun in the design. In today's fast times one longs for a getaway to rejuvenate and refresh. A Change from the urban setting to a rather relaxed environment. We understand this need and hence have designed a house with landscape flowing into each space making it the perfect retreat for your weekend. An elevated central veranda, with a pool to plunge into and with all rooms opening out to the greenery one gets the luxury of connecting back to nature. With a set of various semi-open spaces one can relax with tarps closed or see or be a foot board deck for an evening.

Some Ayurveda Treatments

- Shirodhara**
Shirodhara is a process in which medicated oil, milk, buttermilk, etc. are poured in a continuous stream on the patient's forehead. The patient is secured with appropriate medicated oils on the body and head and made to lie on the waterbed (Dhara). A wide metal or earthen vessel with a small hole at the bottom is hung above the head of the patient, so that the fine wick hanging from the vessel is just above the forehead. The medicinal fluid poured into the vessel is made to flow in a continuous stream through the wick on to the upper part of the forehead. A clean piece of cloth is tied around the forehead to prevent the oil from dripping into the eyes. The oil is collected and poured back into the vessel and the process is continued for about 45 to 90 minutes based on need. After the treatment is over, the patient is given bath in warm water. It is effective in insomnia various neurological health conditions. It gives the feel of deep relaxation.
- Shirovasthi**
This is a very important external application for the head. Extremely intensive, it is very effective in conditions of excessive sleep, loss of sleep, severe headaches, facial paralysis, blindness, dryness of mouth and other serious ailments. A specially designed cap is fitted to the head (having or having closely cut hair) of the patient and then filled with the prescribed medicated oil. The patient is made to sit thus for around 30-45 minutes after which the oil is removed.
- Shirolepa**
Another treatment for the aggravated vata in the head, here, a specially prepared herbal paste is carefully applied all over the head and removed after 30-45 minutes. It is very effective in mental disorders. This treatment is effective in insomnia, head aches, hair and scalp problems, also in mental disorders.

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Possession of houses



Parul Vani Patel - Seavus House No 27



Prachi and Mithun Todi - Seavus House No 18



Mrs. B. M. Suresh Patel - 151 Phase 1



Amalini & Divyanshu Shah - Seavus House No 11



Mrs. B. M. Divya Patel - 179 Phase 2

Golf Tip



One of the first lessons most golfers learn is to "keep your eye on the ball." I'm here to offer a better suggestion: Move your eyes behind the ball.

Here's, you say? I don't think so. That's because when a golfer makes his or her backswing with a full turn of the shoulders and a proper shift of weight, the center of his or her chest, or sternum, will be well behind the ball. (Exactly how far behind the ball depends on an individual's suppleness and flexibility.)

If a golfer moves to his or her right side during the backswing, yet keeps the eyes locked on the golf ball, there's a good chance he or she will change his or her spine angle or fall into a reverse pivot, either of which is a huge power leak. That's because the eyes automatically tell the golfer whether he or she has formed a bad relationship with the ball and he or she will have to "reach" or "stretch" to get back to it.

Trust me—the ball will be there on the downswing. It's not going anywhere. Get used to relying on your peripheral vision to see the ball. By moving your focus behind the ball, you'll increase the likelihood of making a proper athletic move during the swing and staying down through the shot. These two factors will promote better contact and more distance. So alter your focus and guarantee a stronger turn and more distance.

Rule 5 - Ball

- 5-1 - Balls must conform to the specifications of Appendix III, and may be required to be on a list of pre-approved balls.
- 5-2 - A ball must not have foreign material applied to it intentionally to influence its movement.
- 5-3 - A cut, split, cracked or deformed ball is unfit for play and must be replaced with another without penalty. Other players may dispute that a ball is unfit.
- Players may inspect their ball in play to determine if it is unfit without penalty, provided that they inform their fellow competitor(s) of the number, mark the ball's position before lifting, do not clean the ball, and replace it if it is fit for play. An error in procedure or the lifting of a ball without good reason is a one-stroke penalty.
- A ball substituted for another under this rule when the original ball was fit for play may be lifted and replaced with the original ball without penalty (Rule 20-6), but if a stroke is made at the wrongly-substituted ball it's a two-stroke penalty.
- A ball that breaks in pieces during a stroke is replaced and played without penalty, and the stroke made at the broken ball is cancelled (does not count). "during a stroke" includes any point between the player's downswing and the moment the ball comes to rest, so a ball that breaks in pieces on impact with the ground or an obstruction after being hit falls under this Rule.

Joke of the Month



"My friend on the 4th drove, he plays one drive and he left a three-iron on the green. We know this was a tough country club when he joined."

Thank you and regards
Sincerely
Lokendra Malik
Kensville Golf & Country Club